

Health Kit Items

Health kits provide basic necessities to people who have been forced to leave their homes because of human conflict or natural disaster. Health kits are also used as learning tools in personal hygiene, literacy, nutrition and cooking classes. All items must be new. Do not wash any items as they will be considered used. Please remove all packaging except for nail clippers, toothbrush and soap.

Item	Quantity	Notes
Good quality hand towel	1	Cut and remove all tags. Ensure towel is dry. Kitchen, cleaning and microfiber towels are not acceptable.
Wash cloth	1	Adult size, no microfiber cloths. Ensure towel is dry.
Comb	1	Remove from packing. Comb need to be sturdy; rattail combs and combs without handles are acceptable. No pocket combs or picks.
Metal nail file OR clipper	1	<u>Do not</u> remove from packaging due to rust forming. Do not remove UPC sticker; this leaves a stick residue. No sand paper emery boards or toenail clippers.
Bath size soap	1	3 oz. size or larger. Do not remove from original packaging. No Ivory, Lisa or Jergens soap.
Toothbrush	1	Adult size only. <u>Do not</u> remove from original package; do not break seal.
Adhesive bandages	6	$\frac{3}{4}$ " to 1" width only. No medicated bandages.
Plastic bag	1	One gallon, "press & seal" bags only.

PLEASE NOTE: All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items, as described above.

Birthing Kit Items

Birthing kits provide essential items to promote a safe, clean delivery and to encourage good aftercare. All items must be new. No not wash any of the items as they will be considered new. It is not necessary for any of the material to be flame retardant.

Item	Quantity	Notes
Small bar of soap	1	1 oz. to 2 oz. size. Keep in original packaging. No Ivory, Lisa or Jergens soap.
Gloves	1 pair	Latex, surgical or thin rubber gloves. Gloves are not required to be sterile.
Clear plastic sheeting	1 square yard	Must be 4 mil. Thick. Plastic trash bags and shower curtains are not acceptable.
Cotton string	3	12 inch long pieces. Must be clean. No yarn or thin thread. Please tie together.
Single edge razor blade	1	Must be covered in cardboard. No regular shaving razors or scraping razors. Must be new, unused. Tape to bar of soap.
Receiving blankets	2	Thin fleece or flannel, 28" x 28" to 32" x 32". Remove tags. No heavy fleece blankets
Plastic bag	1	One gallon, "press & seal" bags only.

PLEASE NOTE: All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items, as described above.

School Kit Items

In some countries, children do not have books or school supplies. Many have no schoolrooms; classes are held in adequate of half-destroyed buildings, tents or even the open air. School kits may be these children's only educational resources. All items must be new.

Item	Quantity	Notes
Round-tipped children's scissors	1 pair	Rounded tip only. Remove from packaging. No plastic scissor blades (plastic handles are ok).
Paper	3 units	3 separate units of paper such as 8-1/2" x 11" <u>single-subject</u> spiral or top-bound notebooks. Up to but not more than 150 sheets of loose leaf paper can be used as 1 unit. 8-1/2" x 11" writing pads can be used as 1 unit. No composition books.
Pencil sharpener	1	Hand held, at least 1" long. Remove from packaging.
Ruler	1	30 centimeter (12"), hard or moderately flexible. No advertisements.
Unsharpened pencils	6	No advertisements, religious, patriotic, military or symbols. Christmas colors and cartoon characters are ok.
Eraser	1	2" or larger. No advertisements, religious, patriotic, military or symbols. Christmas colors and cartoon characters are ok.
Crayons	1 box	24-count box only. Check for broken crayons.
Cloth bag	1	14" x 16" in size, home made (see sewing guide) or purchased. Heavy duty fabric only. Closures are optional but must be buttons, snaps or Velcro sewn in the middle of the opening if used. No advertisements, religious, patriotic, military or symbols. Christmas colors and cartoon characters are ok.

PLEASE NOTE: All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items, as described above.